

lookin' out



Three Stories About Abusive Relationships

Cori, Isobel and Nikki are all caught up in the downward spiral of an abusive relationship. Can they break the cycle before they really get hurt?

Caught in abusive relationships, three young women experience accusations, put downs, domination and disrespect — even though their boyfriends claim they are acting out of care and concern. Once they understand that fear, guilt and pressure have no part in a healthy relationship, two of the girls finally end their involvements and urge their friend to do the same. This program presents an honest and graphic picture of the emotional side of dating abuse. 28 minutes. Recommended for grades 7–12. Leader's Guide included. Closed Captioned.

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"Lookin' Out 4U" is part of the "What's Next" video series that uses originally scripted dramatic stories to raise the issues that teens face: teen pregnancy, HIV, dating violence, family problems, and Internet predators. Each script has gone through an extensive review process including separate youth and health educator focus groups.

Each video in the series includes a leader's guide that conforms with national and New York State health curriculum standards. For more information, go to www.metrocouncil.us.

The "What's Next" series is produced by the Metro Council for Teen Potential in association with ImageWordSound. Major Funding provided by the U.S. Centers for Disease Control and Prevention (CDC) Atlanta, Georgia.

**Winner of a 2004 Telly Award
and a 2004 Houston World Fest
Gold Award!**

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