

Teen Parent Resource Guide

Rochester, New York



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Agency Name: Baby Love & Baby Love REEP

Agency Address: 555 Avenue D
Rochester, NY 14621

Agency Phone: 266-0021

Agency Contact: Wendy Schwegler

Services Provided:

- Free pregnancy testing
- Assist with transportation, baby items, referrals (i.e., mental health, substance abuse, food cupboards, parenting classes, prenatal and pediatric care and community resources and services)
- Outreach in Northwest and Northeast sides of the city
- Focus on helping participants become goal oriented and self-sufficient
- Monitor child immunizations
- Assist and encourage participants to pursue educational goals
- Social Work services
- Nursing services

Funding Sources:

- Rochester Early Enhancement Project
- United Way
- Monroe County
- Daisy Marquis Jones Foundation

Ages of teens served: No age limit

% of teens served if not focused solely on teens: approx. 80% — fluctuates

Length of time services are offered:
1. Prenatal until 2 months postpartum – Baby Love
2. Prenatal until 2 years postpartum – Baby Love REEP

Frequency of services: Minimum of 2 home visits per month

Is there a fee to access services: No fee

Criteria for accessing services (i.e., foster care, must reside in certain area):
• Zip codes: 14621, 14609, 14605. Sector 3 in NW.

Agency Name: Department of Health Community Health Worker

Agency Address: Monroe County Department of Health
691 St. Paul Street, 4th Floor, Rochester, NY 14605

Agency Phone: 530-5437 (referrals) Spanish – 530-4207

Agency Contact: Nina Randazza – 530-4244

Services Provided:

- Educationally based program
- Facilitate access to prenatal care
- Breastfeeding promotion and education
- Identify high risk pregnant women
- Family planning education
- Domestic violence education
- HIV education and counseling
- WIC promotion/referral
- Facilitate primary health care for children
- Promote immunizations
- Perform ASQ Development screening

Funding Sources:

- New York State Department of Health
- Rochester Early Enhancement Project (Children’s Institute)
- Monroe County

Number of teens served: approx. 400 per year

Ages of teens served: Any age

% of teens served if not focused solely on teens: 50%

Length of time services are offered: Prenatal until 1-2 years postpartum – Average length – 1 year

Frequency of services: Minimum 2 times/per month; postpartum weekly

Is there a fee to access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Monroe County residents

Agency Name: Healthy Moms (teen component) Unity Health

Agency Address: 89 Genesee Street
Rochester, NY 14611

Agency Phone: 368-3735

Agency Contact: Jacqueline Cowans

Services Provided:

- Designed to provide pregnant women with a better understanding of a healthy life style
- Classes in childbirth, parenting and empowerment weekly
- Transportation provided (within city limits)
- Incentive program allows participants to earn points by class attendance and medical and dental appointments and use these towards “baby bucks” which can be used to purchase items such as cribs, car seats, etc.

Funding Sources:

Number of teens served: approx. 90 per year

Ages of teens served: Up to 19 years old (20 and older would be served by adult class)

% of teens served if not focused solely on teens: 100%

Length of time services are offered: 10 weeks average but welcome to stay until childbirth

Frequency of services: Once a week

Is there a fee to access services: None

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Expecting teen parents

Agency Name: In Control Program

Agency Address: 470 West Main Street
Rochester, NY 14608

Agency Phone: 328-3408

Agency Contact: LaMarr Powell

Services Provided:

- Case management for teen fathers
- Health education workshops
- Free reproductive health care services at Planned Parenthood office

Funding Sources:

- NYS Department of Health

Number of teens served:

Ages of teens served: 11 -21

% of teens served if not
focused solely on teens:

Length of time services
are offered: Ongoing; until age 21

Frequency of services As needed

Is there a fee to
access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Zip code: Residents of 14608, 14611, 14619, 14605

**Agency Name: Mercy Residential Services
(Melita House, Families First, McAuley House)**

Agency Address: 198 Oriole Street
Rochester, NY 14613

Agency Phone: 254-2175

Agency Contact: Patrina Allen, Program Coordinator

Services Provided:

- Melita House – Pregnant young women–focus on preparation for childbirth and parenting
- Emergency Housing – DSS referrals, crisis intervention, 16 and older – 30 day limit
- Families First – (16 & 17 years old) parenting and independent living for mothers and children
- McAuley House Apartments – 5 supported apartments for women & children
- Housing – supervised living arrangements for pregnant/parenting young women
- Life skills education
- On-site case management
- Referrals to community resources
- Parenting skills development
- Facilitate self sufficiency

Funding Sources:

- Monroe County, City of Rochester, US Department of HUD
- Private donations
- Sisters of Mercy
- United Way designation

Number of teens served: 120 per year

Ages of teens served: 16-21

% of teens served if not
focused solely on teens: 70%

Length of time services
are offered: varies from 1 night of emergency shelter to 24 months of
supportive living

Frequency of services Residential

Is there a fee to
access services: Yes – depends on services needed and resources available

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Homeless women – pregnant or parenting – must have physical custody of the child

**Agency Name: Monroe County DSS
Foster Care Independent Living Unit**

Agency Address: 111 Westfall Road, Room 488
Rochester, NY 14620

Agency Phone: 274-6800

Agency Contact: Susan McLean, supervisor, (effective 11/02), 274-6101

Services Provided:

- Provides case management for youth in foster care over 14 who will not be discharged to family of origin.
- Assesses ability of each youth to provide independent living skills.
- Works with foster parents, school, other agencies and the youth to devise and implement a plan to develop independent living skills.
- Provides aftercare services as needed to youth discharged from foster care to independent living arrangements.

Funding Sources:

- County, state and federal funding

Number of teens served: c. 110 at any time

Ages of teens served: 14-21

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: Once eligible, they can remain until 21 years old

Frequency of services: Varies dependent on needs of teen

Is there a fee to
access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Must be in foster care or must have been in foster care and discharged with a goal of independent living.

**Agency Name: Monroe County DSS
Foster Care Independent Living Unit**

Agency Address: 111 Westfall Road, Room 488
Rochester, NY 14620

Agency Phone: 274-6800

Agency Contact: Susan McLean (effective 11/02)-274-6101

Services Provided:

- Assesses 16 & 17 year olds applying for Temporary Assistance to determine suitability to manage own grant.
- Can be pregnant or parenting
- Worker interviews teens and contacts parents, family members, collaterals to determine need for assistance and assess maturity level.
- Makes recommendation to Temporary Assistance about ability of youth to receive own grant
- Refers youth to supportive services if needed including in-house Teenage Services Act program (TASA.)

Funding Sources:

- County, state, federal funding

Number of teens served: @ 150-200 per year per year

Ages of teens served: 16 & 17 years old

% of teens served if not, focused solely on teens: 100%

Length of time services are offered:

Involvement is limited to assessment for TA (unless youth is pregnant or parenting and chooses to receive TASA case management services.)

Frequency of services: N/A

Is there a fee to access services:

No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Youth must be 16, 17 years of age and applying for own Temporary Assistance grant

**Agency Name: Monroe County DSS Foster Care
Independent Living Unit
(Teenage Services Act program –TASA)**

Agency Address: 111 Westfall Road, Room 488
Rochester, NY 14620

Agency Phone: 274-6800

Agency Contact: Susan McLean (effective 11/02)-274-6101

Services Provided:

- Provides case management services on a voluntary basis to pregnant and parenting teens in receipt of Temporary Assistance
- Receives referrals from Temporary Assistance
- Can be pregnant or parenting
- Assesses youths needs in several life areas such as housing, employment, education, parenting, relationships and develops a set of goals with youth
- Helps youth identify and access services to achieve goals
- Make referrals to services and agencies
- Makes home visits
- Provides supportive services to youth until age 19

Funding Sources:

- State, federal funds

Number of teens served: varies

Ages of teens served: up to 19 years

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: Once eligible, they can remain until 19 years old

Frequency of services: Varies dependent on needs of teen

Is there a fee to
access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Teens are normally referred by TA or identified through the TA assessment process (see TA Assessment Function data sheet for IL team.) Youth who are pregnant or parenting and eligible for TA may elect to receive case management services from the IL team.

Agency Name: Parent & Child Training PACT

Agency Address: Strong Memorial Hospital - Social Work Division, Main Office
601 Elmwood Avenue, Rochester, NY 14642

Agency Phone: 275-2400

Agency Contact: Ruth Autore

Services Provided:

- Family counseling & case management
- Preventive services for moms and children identified as high risk while mom is pregnant
- Medical component (ob/gyn consultant)
- Bilingual capacity
- Coordinates medical & social services
- Parenting & childbirth education
- Home based
- Group

Funding Sources:

- MCDSS

Number of teen parents for all served: Varies

Ages of teens served: 18+

% of teen parents served if
not focused solely on teens: 2-3%

Length of time services
are offered: Prenatal and up to 2 years after baby is born

Frequency of services: Once a week, as needed (on-call for crisis 24/hrs-a-day, 7days/week)

Is there a fee to
access services: No fee

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Monroe County resident
- Agree to get care medical from a physician affiliated with Strong
- Agree to home visit once a week

Agency Name: Pittsford Youth Services, Inc. (PYS)

Agency Address: 35 Lincoln Avenue, Room 208
Pittsford, NY 14534

Agency Phone: 248-6299

Agency Contact: Nancy Nealon - Supervisor

Services Provided:

- Social Worker in high school two times a week, 1 day Pittsford-Sutherland, and 1 day at Mendon
- Pregnant or parenting teens would be referred to the social worker
- Refer to additional needed services, long-term social work and counseling
- Services available either at school or at the PYS office
- Longer term individual and family counseling available through office based services
- Shorter term crisis intervention, assessment and referral services available within the identified schools

Funding Sources:

- None specific to teen parents

Number of teens served: Varies

Ages of teens served: 13-21 years old

% of teens served if not
focused solely on teens: 2 – 3%

Length of time services
are offered: As needed

Frequency of services: Typically once per week with longer term counseling and social
work services available at the office for 6 months to 1 year

Is there a fee to
access services: None

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Live, attend school, work or worship in town of Pittsford

Agency Name: Planned Parenthood

Agency Address: 114 University Avenue
Rochester, NY 14605

Agency Phone: 1-866-600-6886 – helpline; 546-2595 – clinic; 546-2777 – rape crisis

Agency Contact: No specific contact person

Services Provided:

- Helpline – phone screening, anonymous reproductive health concerns, medical questions
- Clinic – reproductive health care, pre-natal, outreach education, birth control, family planning, pregnancy options counseling, colposcopy services
- In Control – 13-21 year old teens within following zip codes: 14605,14608, 14611, 14619 receive free comprehensive reproductive health care
- Rape Crisis – Provides support services to women, children and men who are victims of sexual assault counselors available 24 per day, short-term counseling and referrals

Funding Sources:

- Private donations

Number of teens served: Varies widely year to year

Ages of teens served: No age limit

% of teens served if not focused solely on teens: 30 - 40%

Length of time services are offered: Varies widely

Frequency of services: Wide range dependent on need

Is there a fee to access services: Clinic – many insurances accepted-sliding scale fee for those without insurance; Rape Crisis, Helpline & In Control – No fee

Criteria for accessing services (i.e., foster care, must reside in certain area):

- None

Agency Name: RAMP – Rochester Adolescent Maternity Program

Agency Address: Highland Hospital – 6th Floor 1000 South Avenue
Rochester, NY 14620

Agency Phone: 275-2962

Agency Contact: Jacquie Nasso-Certified Nurse Midwife – Coordinator 341-6664
Sherry Sopalla-Registered Nurse – 341-6667

Services Provided:

- Visits are clinic based
- Offer group prenatal care as an alternative to traditional care
- Pregnancy tests - Prenatal care
- Nurse, social worker, midwives, nutritionist
- Education regarding pregnancy, nutrition, birth control and parenting
- Counseling
- Referrals

Funding Sources:

- Strong Health

Number of teens served: approx. 120-150 per year

Ages of teens served: 19 and under

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: Prenatal care until birth, postpartum appointment

Frequency of services: As needed

Is there a fee to
access services: No client cost – if insurance; bill insurance or apply for
Medicaid; they help with paperwork

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Deliver at Highland

Agency Name: Rochester Works (Rochester Resource Alliance) Youth Component

Agency Address: 34 St. Paul Street
Rochester, NY 14604

Agency Phone: 258-3500

Agency Contact: Sabrina Ruzza – ext. 3515

Services Provided:

- Assessment and certification for program enrollment
- Referral out to service providers dependent upon clients' needs
- Service providers offer employment services and job readiness skills

Funding Sources:

- TANF and WIA

Number of teens served: Over 1,000 teens

Ages of teens served: 14 - 21

% of teens served if not focused solely on teens: 100%

Length of time services are offered: TANF – 6 week summer employment, WIA – year round typically 1 year program

Frequency of services: Daily

Is there a fee to access services: None.

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Meet TANF & WIA income guidelines (TANF = 200% of Federal Poverty Guidelines – 70% of Federal Poverty Guidelines)
- If WIA must meet “barrier” requirements

**Agency Name: St. Joseph's Villa's
Spencerport Teen Mothers Program**

Agency Address: 1151 Spencerport Road
Rochester, NY 14606

Agency Phone: 426-0190

Agency Contact: Lucinda Carin

Services Provided:

- Residential services for teen mothers and their children
- Encourage teen mothers to pursue educational or employment related goals to increase their self-sufficiency

Funding Sources:

- Monroe County

Number of teens served: 5 mothers & 5 children

Ages of teens served: 12-19 years old

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: Varies widely from approximately 6 mos. to 2 years

Frequency of services: Daily while in care

Is there a fee to
access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Foster care placement

Agency Name: “Successful Futures for Youth” – YWCA/SPCC

Agency Address: YWCA – 175 N. Clinton Avenue Rochester, NY 14604
SPCC – 148 S. Fitzhugh Street Rochester, NY 14608

Agency Phone: YWCA – 546-5820 SPCC – 325-6101 ext. 248

Agency Contact: YWCA – Mary Lou McLoud SPCC – Laurie Valentine

Services Provided:

- Intensive case management and counseling
- Vocational counseling
- Job placement
- Emphasis on attaining educational goals and employment
- Home based
- Referrals and networking with community resources

Funding Sources:

- Rochester Resource Alliance (RRA)

Number of teens served: 40

Ages of teens served: 16-21 years old

% of teens served if not focused solely on teens: 100%

Length of time services are offered: Average 6 months to 1 year

Frequency of services: Weekly (or more if needed)

Is there a fee to access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Pregnant or parenting teen mother
- Meet TANF & WIA eligibility guidelines

Agency Name: Teen Age Parent Support Services (TAPSS) – a program of SPCC

Agency Address: 148 South Fitzhugh Street
Rochester, NY 14608

Agency Phone: 325-6101

Agency Contact: Laurie Valentine (ext. 218) or Bonnie Allen (ext. 204)

Services Provided:

- Intensive individual and/or family counseling and case management (goal oriented)
- Home based
- Monthly support/education groups
- Parent skills development
- Early Childhood Intervention
- Structured employment skills development
- Focus on educational goals
- Preventive slots available

Funding Sources:

- MCDSS
- MCYB
- United Way
- C.O.N.E.C.T.S.
- Third Presbyterian Church
- Maternity and Early Childhood Foundation
- RRA/YWCA
- Private donations

Number of teens served: approx. 90-120 teens per year

Ages of teens served: Up to age 21

% of teens served if not focused solely on teens: 100%

Length of time services are offered: Average 1 year - varies widely dependent on need

Frequency of services: Weekly (may vary dependent on teen's needs)

Is there a fee to access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Pregnant or parenting teens (male or female)

Agency Name: Threshold

Agency Address: 80 St. Paul Street, 4th Floor
Rochester, NY 14604

Agency Phone: 454-7530

Agency Contact: Health Care – Ivy Shelby,
Prenatal – Helene Thompson Scott, Certified Nurse Midwife
GED – Andy Scott, Vocational – Marcella Rawls

Services Provided:

- Health Services: complete medical care, diagnosis & treatment of illnesses, preventive care, immunizations, birth control, pap smears, family planning, complete options counseling, colposcopy
- Pregnancy testing and full prenatal care
- STI testing and counseling
- Mental health counseling
- Work physicals
- GED preparation
- Vocational training & placement (17 + up)
- Substance abuse prevention counseling
- 3 clinic sites in the community

Funding Sources:

- NYS Department of Health
- United Way
- NYS Department of Substance Abuse
- NYS Department of Labor
- Private Donations

Number of teens served: 3,000+

Ages of teens served: 12 – 25 years old

% of teens served if not focused solely on teens: Ages 17-20 make up approx. 60% of participants

Length of time services are offered: Varies widely

Frequency of services: As needed - Average seen 2-3 times per year for medical

Is there a fee to access services?: None under age 19, over age 19 sliding scale fee

Criteria for accessing services (i.e., foster care, must reside in certain area):

- None

Agency Name: Urban League's Teen Parent Program

Agency Address: 265 N. Clinton
Rochester, NY 14605

Agency Phone: 325-6530 ext. 3066

Agency Contact: Judy Young

Services Provided:

- Parenting program for pregnant or parenting teens
- Parents as Teachers curriculum
- Home visits
- Support groups including baby showers
- Parenting magazine subscriptions

Funding Sources:

- United Way
- Rochester and Monroe County Youth Bureau

Number of teens served: 30-35/year

Ages of teens served: 13-20 years old

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: No limit

Frequency of services: Home visits bi-weekly, monthly support groups at Urban League

Is there a fee to
access services: No.

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Pregnant or parenting

Agency Name: Wilson Commencement Park

Agency Address: 251 Joseph Avenue
Rochester, NY 14605

Agency Phone: 263-7930/263-7936

Agency Contact: Marge Maybee

Services Provided:

- Transitional Living
- Case management
- Advocacy
- Referrals to education, training and job opportunities
- Life skills education including money management, effective parenting, literacy job-readiness, health, next-step housing, household management & communication
- Early Learning Center (up to 129 children)
- Day care and after-school program for residents and community
- Universal pre-kindergarten program (12 children)
- Partner in Rochester Parent Network
- 24 hour emergency services

Funding Sources:

- User fees
- Government (TANF, MCDSS)
- Private donations
- Special events

Number of teens served: 8-10 at any given time-capacity for 50 families - (Transitional Living Program)

Ages of teens served: 18+

% of teens served if not focused solely on teens: approx. 20%

Length of time services are offered: Up to 2 years, average stay 18 months – (Transitional Living Program)

Frequency of services: Dependent on program

Is there a fee to access services: Often subsidized or covered by MCDSS or other venues, rent/user fees

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Transitional Housing – Single, drug-free parent at least 18 years of age with custody of child(ren) working and/or attending school 40 hours per week

Agency Name: Women's Place

Agency Address: 146 Hobart Street
Rochester, NY 14611

Agency Phone: 436-5452

Agency Contact:

Services Provided:

- Emergency housing for women & children (boys up to 12 years old)
- Case management
- Social worker from Unity provides mental health counseling in house
- Nurse Practitioner provides triage care/medical services to women and children without medical insurance
- Food

Funding Sources:

- Service of Catholic Family Center

Number of teens served: approx. 8-10 per year

Ages of teens served: 19-21 years old

% of teens served if not
focused solely on teens: 10%

Length of time services
are offered: 30 days maximum

Frequency of services: Daily

Is there a fee to
access services: None

Criteria for accessing services (i.e., foster care, must reside in certain area):

- None

Agency Name: YWCA (CONNECTS)

Agency Address: 175 N. Clinton Avenue
Rochester, NY 14604

Agency Phone: 546-5820

Agency Contact: Mary Lou McLoud

Services Provided:

- Case management for pregnant/parenting girls
- Group activities including social educational and career exploration
- Home visits with outreach to teen’s family
- Referrals and networking with community resources
- Group activities – including social, educational, career exploration
- Independent living and parenting skills building activities

Funding Sources:

- CONNECTS – City of Rochester

Number of teens served: approx. 60

Ages of teens served: 13-19 years old

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: Can remain active for several years dependent on needs of client

Frequency of services: Weekly or bi-weekly dependent on client needs

Is there a fee to
access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Pregnant or parenting teen girls
- Enrolled in Edison or East High School

Agency Name: YWCA (School Age Parent Program)

Agency Address: 30 Hart Street
Rochester, NY 14605

Agency Phone: 232-3645

Agency Contact: Nydia Rivera

Services Provided:

- Group activities including social educational and career exploration
- Home visits with outreach to teen's family
- Case management for pregnant/parenting girls
- Referrals and networking with community resources
- Independent living and parenting skills building activities

Funding Sources:

- United Way

Number of teens served: approx. 75

Ages of teens served: 13-19 years old

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: While enrolled at RSD Young Mother's Program-1 year or less

Frequency of services: Weekly (varies as needed)

Is there a fee to
access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Expectant moms or those who have delivered
- Must be in RCSD Young Mothers Program

Agency Name: Young Families

Agency Address: 601 Elmwood Avenue, Box 650
Rochester, NY 14642

Agency Phone: 275-1523

Agency Contact: Maggie Petrosky

Services Provided:

- Preventive program affiliated with Rochester Adolescent Maternity Program (RAMP)
- Crisis intervention
- Home visitation services
- Case management with strong linkages to schools, DSS and health care providers
- Integrated psychosocial and medical services for adolescents and their young children

Funding Sources:

- MCDSS

Number of teens served: 24 slots at any given time

Ages of teens served: Up to age 18

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: Prenatal until 2 years postpartum

Frequency of services: A minimum of two direct contacts per month is required.
Contacts are often more frequent, depending on the needs of
the family.

Fee for services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Pregnant (prefer to initiate services during pregnancy)
- Meet MCDSS Preventive criteria (at risk of foster care placement)
- Must be resident of Monroe County
- Must be willing to receive pre-natal care at RAMP and receive pediatric care at Strong Memorial Hospital

Agency Name: Young Mother's Program

Agency Address: 30 Hart Street – 4th Floor
Rochester, NY 14605

Agency Phone: 454-1095

Agency Contact: Mary Jo Skeet - principal

Services Provided:

- Academic services only – no case management
- Prenatal care monitored by school nurse
- Parenting classes
- Make numerous referrals out to appropriate services

Funding Sources:

- City School District

Number of teens served: 200 per year

Ages of teens served: 7th –12th grade

% of teens served if not
focused solely on teens: 100%

Length of time services
are offered: The year they are pregnant

Frequency of services: Monday through Friday – school calendar

Is there a fee to
access services: No

Criteria for accessing services (i.e., foster care, must reside in certain area):

- Pregnant
- School age 7-12th grade